

**Curriculum Vitae**  
**CAROL ROSALYN GLASS**

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**Address**

Department of Psychology	5006 Rockmere Ct.
The Catholic University of America	Bethesda, MD 20816
Washington, DC 20064	301-229-6413
202-319-5759	
e-mail: glass@cua.edu	

**Education**

B.A., 1972, DePauw University, Major in Psychology  
M.A., 1974, Indiana University, Clinical Psychology  
Ph.D., 1976, Indiana University, Clinical Psychology

**Professional Experience**

2019-present: Professor Emerita, Dept. of Psychology, The Catholic University of America.

1991-2018: Ordinary Professor, Dept. of Psychology, The Catholic University of America.

1987-2016: Director of Undergraduate Studies, Dept. of Psychology, The Catholic University of America.

1982-1991: Associate Professor; 1978-1982. Assistant Professor, Dept. of Psychology, The Catholic University of America. Teach graduate courses (Cognitive and Behavior Therapy, Cognitive and Behavioral Assessment, Research Methods) and undergraduate courses (Clinical Research Methods, Cognitive and Behavior Therapy, Psychology of Women and Men); supervise clinical practicum and graduate student masters and doctoral research; carry out independent research.

1976-1978: Assistant Professor, Dept. of Psychology, University of Notre Dame. Taught graduate courses (Research Methods in Counseling, Seminar in Personality, Core Course in Personality, Cognitive and Behavioral Counseling) and undergraduate courses (Introductory Psychology, General Psychology, Psychology of Women and Men); supervised counseling practicum and graduate student master's thesis research; carried out independent research.

1975-1976: Clinical Psychology Intern, San Francisco Veterans Administration Hospital. Individual and group psychotherapy with outpatients, consulting to physicians, neuropsychological assessment, pain clinic, individual and group psychotherapy with inpatients at Palo Alto Veterans Administration Hospital.

## Publications

- Glass, C. R., Gottman, J. M., & Shmurak, S. H. (1976). Response acquisition and cognitive self-statement modification approaches to dating skills training. *Journal of Counseling Psychology, 23*, 520-526.
- Cacioppo, J. T., Glass, C. R., & Merluzzi, T. V. (1979). Self-statements and self-evaluations: A cognitive-response analysis of heterosocial anxiety. *Cognitive Therapy and Research, 3*, 249-262.
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- Glass, C. R., & Biever, J. L. (1981). Sex roles and social skill: A cognitive-behavioral analysis. *Behavioral Counseling Quarterly, 1*, 288-301.
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- Glass, C. R., Arnkoff, D. B., Coogan, M., Gaddy, C. D., McCabe, M. A., & Meeks, S. (1982). Bibliography on dual-career families. *JSAS Catalog of Selected Documents in Psychology, 12*, 1-2. (Ms. No. 2404)
- Glass, C. R., Merluzzi, T. V., Biever, J. L., & Larsen, K. H. (1982). Cognitive assessment of social anxiety: Development and validation of a self-statement questionnaire. *Cognitive Therapy and Research, 6*, 37-55.
- Glass, C. R., & Levy, L. H. (1982). Perceived psychophysiological control: The effects of power versus powerlessness. *Cognitive Therapy and Research, 6*, 91-103.

- Gaddy, C. D., Glass, C. R., & Arnkoff, D. B. (1983). Career involvement of women in dual-career families: The influence of sex role identity. *Journal of Counseling Psychology, 30*, 388-394.
- Glass, C. R., & Arnkoff, D. B. (1983). Cognitive set and level of anxiety: Effects on thinking processes in problematic situations. *Cognitive Therapy and Research, 7*, 529-541.
- Merluzzi, T. V., Burgio, K. L., & Glass, C. R. (1984). Cognition and psychopathology: An analysis of social introversion and self-statements. *Journal of Consulting and Clinical Psychology, 52*, 1102-1103.
- Gaddy, C. D., Arnkoff, D. B., & Glass, C. R. (1985). A study of the Scales for Investigation of the Dual-Career Family. *Measurement and Evaluation in Counseling and Development, 18*, 120-127.
- Glass, C. R., Knight, L. A., & Baggett, H. L. (1985). Bibliography on computer anxiety and computer interaction. *Psychological Documents, 15*, 25. (Ms. No. 2723)
- Castles, E. E., & Glass, C. R. (1986). The empirical generation of measures of social competence for mentally retarded adults. *Behavioral Assessment, 8*, 319-330.
- Castles, E. E., & Glass, C. R. (1986). Training in social skills and interpersonal problem-solving skills for mildly and moderately mentally retarded adults. *American Journal of Mental Deficiency, 91*, 35-42.
- Glass, C. R., & Shea, C. A. (1986). Cognitive therapy for shyness and social anxiety. In W. H. Jones, J. M. Cheek, & S. R. Briggs (Eds.), *Shyness: Perspectives on research and treatment* (pp. 315-327). New York: Plenum Press.
- Meeks, S., Arnkoff, D. B., Glass, C. R., & Notarius, C. I. (1986). Wives' employment status, hassles, communication, and relational efficacy: Intra- versus extra-relational factors and marital adjustment. *Family Relations, 34*, 249-255.
- Meyerhoff, J. L., Oleshansky, M. A., Mougey, E. H., Smith, H. R., Hursh, C. R., Witting, L. K., Wood, H. E., Glass, C. R., & Arnkoff, D. B. (1986). Increased heart rate plasma level of B-lipotropin during a competitive oral examination. *Neurosciences Abstracts, 12*, 1480.
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- Arnkoff, D. B., Glass, C. R., Shea, C. A., McKain, T., & Sydnor-Greenberg, J. (1987). Client predispositions toward cognitive and social skills treatments for shyness. *Journal of Integrative and Eclectic Psychotherapy, 6*, 154-164.
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- Glass, C. R., & Knight, L. A. (1988). Cognitive factors in computer anxiety. *Cognitive Therapy and Research*, 12, 351-366.
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- Glass, C. R., & Furlong, M. (1990). Cognitive assessment of social anxiety: Affective and behavioral correlates. *Cognitive Therapy and Research*, 14, 365-384.
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- Arnkoff, D. B., & Glass, C. R. (1992). Cognitive therapy and psychotherapy integration. In D. K. Freedheim (Ed.), *History of psychotherapy: A century of change* (pp. 657-694). Washington, DC: American Psychological Association.
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- Schottenbauer, M. A., Glass, C. R., & Arnkoff, D. B. (2005). Outcome research on psychotherapy integration. In J. C. Norcross & M. R. Goldfried (Eds.), *Handbook of psychotherapy integration* (2<sup>nd</sup> ed., pp. 459-493). New York: Oxford University Press.
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- Schottenbauer, M. A., Arnkoff, D. B., Glass, C. R., & Gray, S. H. (2006). Psychotherapists in the community: Reported prototypical psychodynamic treatments of trauma. [Abstract] *Journal of the American Psychoanalytic Association, 54*, 1347-1353.
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- Glass, C. R., Spears, C. A., Perskaudas, R., & Kaufman, K. A. (2019). Mindful sport performance enhancement: Randomized controlled trial of a mental training program with collegiate athletes. *Journal of Clinical Sport Psychology*. Advance online publication.

- Pineau, T. R., Glass, C. R., Kaufman, K. A., & Minkler, T. O. (2019). From losing record to championship season: A case study of mindful sport performance enhancement. *Journal of Sport Psychology in Action*. Advance online publication.
- Kaufman, K. A., Glass, C. R., & Pineau, T. R. (2019). Mindful Sport Performance Enhancement. In I. Ivtzan (Ed.), *Handbook of mindfulness-based programmes: Mindfulness interventions from education to health and therapy*. London: Routledge.
- Spears, C. A., Abroms, L., Glass, C. R., Hedeker, D., Eriksen, M. P., Cottrell-Daniels, C., Tran, B. Q., & Wetter, D. W. (in press). Mindfulness-based smoking cessation enhanced with mobile technology (iQuit Mindfully): Pilot randomized controlled trial. *JMIR mHealth and uHealth*.
- Spencer, A. L., Kaufman, K. A., Glass, C. R., & Pineau, T. R. (in press). Mindful sport performance enhancement in action: A case study with an elite football academy. In K. Henriksen, C. Larsen, & J. Hansen (Eds.), *Mindfulness and acceptance approaches in elite sport: A practical guide to performing and thriving under pressure*. Abingdon, UK: Routledge.

## Grants

- Principal Investigator, "Cognitive therapy and assessment of social anxiety." Grant #MH35845-01, National Institute for Mental Health, January 1981 - December 1982, \$15,375.
- Co-Principal Investigator (with Diane B. Arnkoff), "Matching treatment to clients' expectations: Test of a sequential model of cognitive therapy." Biomedical Research Support Grant, Catholic University of America, January 1982 - December 1983, \$4,810.
- Co-Principal Investigator (with Diane B. Arnkoff), "Preliminary field testing of a measure to assess clients' perceptions of their psychotherapy." Research Grant-in-Aid, Catholic University of America, December 1995 - August 1996, \$1120.
- Co-Principal Investigator (with Diane B. Arnkoff), "Therapist methods and the effectiveness and helpfulness of psychotherapy." Research Grant-in-Aid, Catholic University of America, April 2000 - April 2001, \$2975.
- Principal Investigator, "Evaluation of an Innovative Mindfulness Training Program for Collegiate Athletes." Research Grant-in-Aid, Catholic University of America, May 2015-December 2016, \$5150.

## Presentations

- Glass, C. R. (1974, April). *A response acquisition-cognitive self-statement approach to minimal dating*. Indiana Psychological Association, Indianapolis, IN.
- Glass, C. R. (1977, May). *Perceived psychophysiological control: The effects of power versus powerlessness*. Midwestern Psychological Association, Chicago, IL.
- Cacioppo, J. T., Glass, C. R., Merluzzi, T.V., Quintanar, L., & Bordon, M. (1978, May). *The effects of heterosexual-social anxiety on self-statements and self-evaluation*. Midwestern Psychological Association, Chicago, IL.
- Glass, C. R. (1978, August). The role of cognitive factors in heterosexual social anxiety. In T. V. Merluzzi (Chair), *Research and practice in cognitive-behavior modification*. Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada.

- Glass, C. R., & Merluzzi, T. V. (1978, November). Approaches to the cognitive assessment of social anxiety. In M. Genest (Chair), *The assessment of cognitive processes and events*. Symposium conducted at the Association for Advancement of Behavior Therapy, Chicago, IL.
- Glass, C. R., Merluzzi, T. V., & Cacioppo, J. T. (1978, November). *The effects of social anxiety and sex of partner on spontaneous self-statements and state anxiety*. Association for Advancement of Behavior Therapy, Chicago, IL.
- McCormack, P., & Glass, C. R. (1979, September). *The evaluation of men and women in sex-appropriate and non-traditional occupations*. American Psychological Association, New York, NY.
- Biever, J., & Glass, C. R. (1979, December). *The relationship of sex-role identity to social skill and anxiety: A situational analysis*. Association for Advancement of Behavior Therapy, San Francisco, CA.
- Finkel, C. B., Glass, C. R., & Merluzzi, T. V. (1979, December). *Differential susceptibility of depressives and nondepressives to self-referent statements*. Association for Advancement of Behavior Therapy, San Francisco, CA.
- Glass, C. R. (1980, March). Self-statements and social anxiety. In M. Jaremko (Chair), *The clinical implications of research on self-focused attention*. Symposium conducted at the meeting of the Southeastern Psychological Association, Washington, DC.
- Glass, C. R., & Merluzzi, T. V. (1980, June). Cognitive assessment of social anxiety: Theoretical and therapeutic directions. In I. J. Barrish (Chair), *The assessment, function, and modification of language mediated cognitions*. Symposium conducted at the Third National Conference on Rational-Emotive Therapy, New York, NY.
- Glass, C. R., & Merluzzi, T. V. (1980, September). *Cognitive assessment of social anxiety: Validation of a self-statement questionnaire*. American Psychological Association, Montreal.
- Glass, C. R. (1980, September). Advances and issues in cognitive assessment. In J. P. Galassi (Chair), *Current issues and research in cognitive assessment and cognitive-behavioral counseling*. Symposium conducted at the meeting of the American Psychological Association, Montreal, Canada.
- Glass, C. R., & Merluzzi, T. V. (1980, November). Cognitive assessment of social-evaluative anxiety. In P. C. Kendall (Chair), *Assessment strategies for cognitive-behavioral interventions*. Symposium conducted at the meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Glass, C. R. (1980, November). *Conversation Hour: Assessment strategies for cognitive-behavioral interventions*. Association for Advancement of Behavior Therapy, New York, NY.
- Glass, C. R., & Arnkoff, D. B. (1980, November). *The effect of cognitive set on thinking processes in four types of problematic situations*. Association for Advancement of Behavior Therapy, New York, NY.
- Yancey, A. L., & Glass, C. R. (1980, November). *A cognitive-behavioral analysis of assertiveness and androgyny*. Association for Advancement of Behavior Therapy, New York, NY.
- Glass, C. R. (1981, November). Clinical cognitive constructs: Examination, evaluation, and elaboration. In P. C. Kendall (Chair), *Conceptual refinements in cognitive approaches to psychotherapy and psychopathology*. Symposium conducted at the meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.

- Castles, E. E., & Glass, C. R. (1981, November). *An interpersonal problem-solving training program for mentally retarded adults*. Association for Advancement of Behavior Therapy, Toronto, Canada.
- Castles, E. E., & Glass, C. R. (1981, November). *Development of empirically-based methods for assessing and treating social competence deficits in mentally retarded adults*. Association for Advancement of Behavior Therapy, Toronto, Canada.
- Ginsburg, M., Glass, C. R., & Heinssen, R. K., Jr. (1981, November). *A measure of irrational beliefs in heterosocial situations*. Association for Advancement of Behavior Therapy, Toronto, Canada.
- Heinssen, R. K., Jr., Glass, C. R., & Ginsburg, M. (1981, November). *Cognitive distortion in heterosocial anxiety*. Association for Advancement of Behavior Therapy, Toronto, Canada.
- Glass, C. R. (1982, June). A test of a client-treatment matching model of cognitive therapy. In S. Walen (Chair), *Cognitive therapy for the treatment of mood disorders*. Symposium conducted at the meeting of the Maryland Psychological Association, Columbia, MD.
- Glass, C. R. (1982, August). Discussant for M. Leary (Chair), *Recent research in social anxiety: Social, personality, and clinical perspectives*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.
- Gaddy, C. D., Glass, C. R., & Arnkoff, D. B. (1982, August). *The woman in the dual-career family: Balancing children and career*. American Psychological Association, Washington, DC.
- Belfer, P. L., & Glass, C. R. (1982, November). *Agoraphobic anxiety and fear of fear: A cognitive-attentional model*. Association for Advancement of Behavior Therapy, Los Angeles, CA.
- Grenell, M. M., & Glass, C. R. (1983, December). *Hyperactive children and peer interaction: Knowledge and performance of social skills*. Association for Advancement of Behavior Therapy and World Congress on Behavior Therapy, Washington, DC.
- Johnson, R. L., & Glass, C. R. (1983, December). *Heterosocial anxiety and focus of attention in high school boys*. Association for Advancement of Behavior Therapy and World Congress on Behavior Therapy, Washington, DC.
- Arnkoff, D. B., Glass, C. R., McKain, T., Shea, C., & Greenberg, J. (1984, August). Client predispositions to respond to cognitive and social skills treatments for shyness. In J.M. Cheek (Chair), *Shyness: Personality development, social behavior, and treatment approaches*. Symposium conducted at the American Psychological Association, Toronto.
- Glass, C. R., & Furlong, M. R. (1984, August). A comparison of behavioral, cognitive, and traditional group therapy approaches for shyness. In J. M. Cheek (Chair), *Shyness: Personality development, social behavior, and treatment approaches*. Symposium conducted at the American Psychological Association, Toronto, Canada.
- Merluzzi, T. V., Burgio, K. L., & Glass, C. R. (1984, August). *Cognition and psychopathology: An analysis of social introversion and self-statements*. American Psychological Association, Toronto, Canada.
- Heinssen, R. K. Jr., Glass, C. R., & Knight, L. A. (1984, November). *Assessment of computer anxiety: The dark side of the computer revolution*. Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Knight, L. A., & Glass, C. R. (1985, November). *Multimodal assessment of computer anxiety*. Association for Advancement of Behavior Therapy, Houston, TX.

- Higgins-Rhodes, M., & Glass, C. R. (1986, August). *Job decision making in dual-career and single-career couples*. American Psychological Association, Washington, DC.
- Heinssen, R. K. Jr., & Glass, C. R. (1986, November). *Client treatment matching in computer anxiety interventions*. Association for Advancement of Behavior Therapy, Chicago, IL.
- Wood, H. E., Glass, C. R., Arnkoff, D. B., Smith, H. R., Meyerhoff, J., & Oleshansky, M. (1986, November). *An investigation of evaluation anxiety in an employment setting*. Association for Advancement of Behavior Therapy, Chicago, IL.
- Arnkoff, D. B., & Glass, C. R. (1987, May). *The first stage of therapy: A discussion group*. Society for the Exploration of Psychotherapy Integration, Evanston, IL.
- Arnkoff, D. B., & Glass, C. R. (1987, November). Validity issues in cognitive assessment of anxiety. In Z. V. Segal (Chair), *New developments in the cognitive assessment of anxiety and depression*. Association for Advancement of Behavior Therapy, Boston, MA.
- Farthing, C., Glass, C. R., Arnkoff, D. B., Farrell, A. D., Shea, C. A., & Sydnor-Greenberg, J. (1987, November). *A comparison of global, intermediate, and molecular approaches to the behavioral assessment of shyness*. Association for Advancement of Behavior Therapy, Boston, MA.
- Getka, E., & Glass, C. R. (1987, November). *Behavioral and cognitive-behavioral treatments for dental anxiety*. Association for Advancement of Behavior Therapy, Boston, MA.
- Glass, C. R., & Arnkoff, D. B. (1988, April). *Common and specific factors in client descriptions of and explanations for change*. Society for the Exploration of Psychotherapy Integration, Cambridge MA.
- Glass, C. R., & Arnkoff, D. B. (1989, April). Co-moderators, *Gender issues in psychotherapy*. Panel discussion presented at the Society for the Exploration of Psychotherapy Integration, Berkeley, CA.
- Belliveau, T. J., Arnkoff, D. B., & Glass, C. R. (1989, November). *Internal dialogue and cognitive structures in test anxiety*. Association for Advancement of Behavior Therapy, Washington, DC.
- Chambless, D., Glass, C., Dixon, F., & Margolis, L. (1990, March). *Treatment of social phobia and avoidant personality disorder: A preliminary report*. National Conference on Phobias and Related Anxiety Disorders, Bethesda, MD.
- Belliveau, T. J., Jobes, D. A., Arnkoff, D. B., Dolan, R. T., Gershefski, J. J., Glass, C. R., & Victor, B. J. (1990, April). *The process of change in psychotherapy from object-relations and cognitive-constructivist perspectives*. Discussion group presented at the Society for the Exploration of Psychotherapy Integration, Philadelphia, PA.
- Dolan, R. T., Arnkoff, D. B., & Glass, C. R. (1990, June). *Attachment style, interpersonal perceptions, and psychiatric symptoms in a college sample*. Society for Psychotherapy Research, Wintergreen, VA.
- Michaels, A. S., Arnkoff, D. B., Glass, C. R., & Belliveau, T. J. (1990, November). *The relationship between cognitive processes, anxiety, and performance on doctoral dissertation orals*. Association for Advancement of Behavior Therapy, San Francisco, CA.
- Arnkoff, D. B., Glass, C. R., & Victor, B. J. (1991, April). *Future directions in empirical research on psychotherapy integration*. Society for the Exploration of Psychotherapy Integration, London, England.
- Glass, C. R., & Arnkoff, D. B. (1991, November). Thoughts and self-efficacy in oral examinations. In R. M. Schwartz (chair), *New directions in cognitive/affective balance*. Association for Advancement of Behavior Therapy, New York, NY.

- Arnkoff, D. B., Glass, C. R., & Dolan, R. T. (1992, April). Client attachment style and the psychotherapist's interpersonal stance. In J. C. Norcross (chair), *Relationship of choice: Matching the therapist's interpersonal stance to individual clients*. Society for the Exploration of Psychotherapy Integration, San Diego, CA.
- Glass, C. R., Arnkoff, D. B., & Gershefski, J. J. (1992, November). *Client perspectives on helpful aspects of therapy in the NIMH Treatment of Depression Collaborative Research Program*. Association for Advancement of Behavior Therapy, Boston, MA.
- McKain, T. L., & Glass, C. R. (1992, November). *Cognitive and behavioral factors in writing anxiety*. Association for Advancement of Behavior Therapy, Boston, MA.
- Gershefski, J. J., Arnkoff, D. B., Glass, C. R., & Elkin, I. (1993, April). Clients' perceptions of helpful aspects of treatment for depression: Common and specific factors. In C. R. Glass & D. B. Arnkoff (Chairs), *Client perceptions of therapy*. Society for the Exploration of Psychotherapy Integration, New York, NY.
- Glass, C. R., & Arnkoff, D. B. (1993, April). *How can psychotherapy integration improve treatment? A roundtable*. Society for the Exploration of Psychotherapy Integration, New York, NY.
- Levy, J. A., Glass, C. R., Arnkoff, D. B., Elkin, I., & Gershefski, J. J. (1993, April). Clients' perceptions of harmful aspects of treatment for depression: Common and specific factors. In C. R. Glass & D. B. Arnkoff (Chairs), *Client perceptions of therapy*. Society for the Exploration of Psychotherapy Integration, New York, NY.
- Chambless, D. L., Glass, C. R., & Tran, G. Q. (1993, November). Effects of avoidant personality and subtype on outcome of cognitive-behavioral treatment of social phobia. In D. Chambless (Chair), *Social phobia and avoidant personality disorder*. Symposium conducted at the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Glass, C. R., & Arnkoff, D. B. (1994, July). Discussant for Opening Panel, *Psychotherapy integration: Ten years after*. Society for the Exploration of Psychotherapy Integration, Buenos Aires, Argentina.
- Glass, C. R., Arnkoff, D. B., Wood, H., Meyerhoff, J. L., Smith, H. R., Oleshansky, M. A., & Hedges, S. M. (1994, November). *Cognition, anxiety, and performance on a career-related oral examination*. Association for Advancement of Behavior Therapy, San Diego, CA.
- Glass, C. R., & Arnkoff, D. B. (1996, April). *Empirically validated treatments: Implications for psychotherapy integration*. Society for the Exploration of Psychotherapy Integration, Berkeley, CA.
- Chambless, D. L., Tran, G. Q., & Glass, C. R. (1996, November). *Client attributes as predictors of response to cognitive-behavioral group treatment for social phobia*. Association for Advancement of Behavior Therapy, New York, NY.
- Siddique, H. I., Arnkoff, D. B., Glass, C. R., & Diaz, R. (1996, November). *Worry, optimism, and coping in the first year of law school*. Association for Advancement of Behavior Therapy, New York, NY.
- Arnkoff, D. B., & Glass, C. R. (1997, April). *Empirically validated treatments and psychotherapy integration: A discussion group*. Society for the Exploration of Psychotherapy Integration, Toronto, Canada.
- Foster, K. L., Arnkoff, D. B., & Glass, C. R. (1997, April). *Development and validation of a questionnaire to assess client perceptions of their psychotherapy*. Society for the Exploration of Psychotherapy Integration, Toronto, Canada.

- Ewell, F. M., Glass, C. R., Arnkoff, D. B., Saviolakis, G. A., Oleshansky, M. A., Mougey, E. H., & Meyerhoff, J. L. (1997, May). *Relationships among self-report, physiological, and performance measures in an anxiety-provoking oral examination*. American Psychological Society, Washington, DC.
- Beazley, M. B., Glass, C. R., Chambless, D. B., & Arnkoff, D. B. (1997, November). *Cognitive self-statements in social phobia*. Association for Advancement of Behavior Therapy, Miami, FL.
- Glass, C. R., Arnkoff, D. B., & Rodriguez, B. F. (1998, July). A review of psychotherapy integration research. In C. R. Glass (chair), *Research on psychotherapy integration: An international overview*. Symposium conducted at the Society for the Exploration of Psychotherapy Integration, Madrid, Spain.
- Leong, Y-M., Glass, C. R., Arnkoff, D. B., Diaz, R. J., & Siddique, H. I. (1998, August). *Gender and sex-role identity predict law school performance and experiences*. American Psychological Association, San Francisco, CA.
- Glass, C. R., Arnkoff, D. B., Caspar, F., & Opazo, R. (1999, April). *Research on psychotherapy integration*. Discussion group presented at the Society for the Exploration of Psychotherapy Integration, Miami, FL.
- Tanofsky-Kraff, M., Glass, C. R., Arnkoff, D. B., Díaz, R., & Epstein, K. (1999, August). *Gender and sex-role identity predict law school performance and experiences*. American Psychological Association, Boston, MA.
- Arnkoff, D. B., & Glass, C. R. (1999, November). *Research directions in psychotherapy integration*. Discussion group presented at the Society for Psychotherapy Research Mid-Atlantic conference, College Park, MD.
- Marmarosh, C., Piergrossi, B., Arnkoff, D. B., Glass, C. R., Foster, T. L., & Shapiro, S. (1999, November). *Seeing what you want to see: How counselors in training (mis)perceive clients' readiness for change*. Society for Psychotherapy Research Mid-Atlantic conference, College Park, MD.
- Díaz, R. J., Glass, C. R., Arnkoff, D. B., & Siddique, H. (1999, November). *Cognition, anxiety, and prediction of performance in first-year law students*. Association for Advancement of Behavior Therapy, Toronto, Canada.
- Arnkoff, D. B., Glass, C. R., Opazo, R., Caspar, F., & Lampropoulos, G. (2000, May). *Discussion group: Collaborative research on psychotherapy integration*. Society for the Exploration of Psychotherapy Integration, Washington, DC.
- Glass, C. R., Arnkoff, D. B., Shapiro, S. J., Marmarosh, C., & Piergrossi, B. A. (2000, May). *Pure-form and integrative therapists and the outcome of psychotherapy*. Society for the Exploration of Psychotherapy Integration, Washington, DC.
- Shapiro, S. J., Glass, C. R., Marmarosh, C., Arnkoff, D. B., & Piergrossi, B. A. (2000, June). *Do therapists of varying theoretical orientations have different personality characteristics?* Society for Psychotherapy Research, Chicago, IL.
- Schottenbauer, M., Rodriguez, B. F., Arnkoff, D. B., & Glass, C. R. (2000, August). *Religious coping, anxiety, and the Year 2000 event*. American Psychological Association, Washington, DC.
- Rodriguez, B. F., Glass, C., R., & Arnkoff, D. B. (2000, August). *Predicting anxiety associated with the year 2000 computer problem*. American Psychological Association, Washington, DC.



- Rodriguez, B. F., Glass, C. R., & Arnkoff, D. B. (2000, November). *The effect of optimism, affect, and anxiety on cognitions about an uncertain negative event: The Y2K computer problem*. Association for Advancement of Behavior Therapy, New Orleans, LA.
- Schottenbauer, M., Rodriguez, B. F., Glass, C. R., & Arnkoff, D. B. (2000, November). *Dispositional and demographic predictors of anxiety associated with the year 2000 computer problem*. Association for Advancement of Behavior Therapy, New Orleans, LA.
- Glass, C. R., Arnkoff, D. B., & Shapiro, S. (2001, June). Psychotherapy patients' expectations and preferences. In F. Caspar (Chair), *Clinical international symposium: Psychotherapy relationships that work*. Symposium conducted at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Santiago, Chile.
- Rodriguez, B. F., Schottenbauer, M. A., Arnkoff, D. B., & Glass, C. R. (2001, August). *Effects of denominational and situational differences on religious coping*. American Psychological Association, San Francisco, CA.
- Schottenbauer, M. A., Rodriguez, B. F., Glass, C. R., & Arnkoff, D. B. (2001, August). *Gender and situational differences in religious and non-religious Coping*. American Psychological Association, San Francisco, CA.
- Schottenbauer, M. A., Rodriguez, B. F., Glass, C. R., & Arnkoff, D. B. (2001, November). *Relationships between situational and dispositional factors and coping behaviors for negative life events*. Association for Advancement of Behavior Therapy, Philadelphia, PA.
- DiGiorgio, K. E., Arnkoff, D. B., & Glass, C. R. (2002, May). EMDR and theoretical orientation: A qualitative study of how therapists integrate EMDR into their approach to psychotherapy. In C. R. Glass & D. B. Arnkoff (Chairs), *Assimilative Integration: How Therapists from Three Orientations Integrate EMDR into their Clinical Practice*. Symposium at the Society for the Exploration of Psychotherapy Integration, San Francisco, CA.
- Schottenbauer, M. A., Rodriguez, B. F., Glass, C. R., & Arnkoff, D. B. (2002, August). *The relationship between attachment and religious coping: Correspondence or compensatory?* American Psychological Association, Chicago, IL.
- Rodriguez, B. F., Schottenbauer, M. A., Glass, C. R., & Arnkoff, D. B. (2002, November). *The influence of dispositional positive and negative affectivity on anxiety, perceptions, and emotional reactions to stressful life events*. Association for Advancement of Behavior Therapy, Reno, NV.
- Lyhus, K. E., Arnkoff, D. B., Glass, C. R., and Lawrence, M. A. (2003, May). Integration of EMDR with other approaches: A survey investigation. In D. B. Arnkoff & C. R. Glass (Chairs), *EMDR and psychotherapy integration: Clinical, research, and theoretical perspectives*. Symposium conducted at the Society for the Exploration of Psychotherapy Integration, New York, NY.
- Kwako, L., Schottenbauer, M.A., Rodriguez, B. F., Arnkoff, D. B., & Glass, C. R. (2003, August). *Exploring race, evangelicalism, and religious leadership in religious coping*. American Psychological Association, Toronto, Canada.
- Schottenbauer, M.A., Rodriguez, B. F., Arnkoff, D., B., & Glass, C. R. (2003, November). *Exploring the validity of internet-based research*. Association for Advancement of Behavior Therapy, Boston, MA.
- Leong, Y-M., Glass, C. R., Arnkoff, D. B., Greenberg, B., & Murphy, D. (2003, November). *The five-factor model in OC spectrum disorders*. Association for Advancement of Behavior Therapy, Boston, MA.

- Schottenbauer, M. A., Arnkoff, D. B., Glass, C. R., & Gray, S. H. (2004, June). *Expert therapists and practicing clinicians: Reported prototypical treatments of trauma*. Society for Psychotherapy Research, Rome, Italy.
- Glass, C. R., Arnkoff, D. B., & Schottenbauer, M. A. (2004, June). Outcome research on psychotherapy integration: An overview. In F. Caspar & H. Rapp (Co-Chair), *Empirical evidence in psychotherapy: Head, heart, or appendix?* Plenary symposium conducted at the Society for the Exploration of Psychotherapy Integration, Amsterdam, Netherlands.
- Glass, C. R., Arnkoff, D. B., Schottenbauer, M. A., DiGiorgio, K. E., & Kwako, L. E. (2004, June). What makes a good psychotherapist? Perspectives of practicing clinicians. In Rebecca Curtis (Chair), *What makes a good psychotherapist? Research perspectives*. Symposium conducted at the Society for the Exploration of Psychotherapy Integration, Amsterdam.
- Ronquillo, J. G., Tunison, S. A., Hasler, G., LaSalle, V. H., Glass, C. R., Arnkoff, D. B., & Murphy, D. L. (2004, October). *Cluster analysis of OCD symptom dimensions*. Virginia Psychological Association, Richmond, VA.
- Tunison, S. A., Ronquillo, J. G., LaSalle, V. H., Arnkoff, D. B., Glass, C. R., & Murphy, D. L. (2004, October). *Stress-related illness in individuals with OCD*. Virginia Psychological Association, Richmond, VA.
- LaSalle, V. H., Cromer, K. R., Glass, C. R., Arnkoff, D. B., Tunison, S. A., Ronquillo, J. G., ... Murphy, D. L. (2004, November). *Hoarding in OCD: A clinical research perspective*. Association for Advancement of Behavior Therapy, New Orleans, LA.
- LaSalle, V. H., Tunison, S. A., Glass, C. R., Arnkoff, D. B., Ronquillo, J. R., & Murphy, D. L. (2004, November). *Hoarding in OCD: Objects and locations*. Association for Advancement of Behavior Therapy, New Orleans, LA.
- Schottenbauer, M. A., Arnkoff, D. B., Glass, C. R., & Gray, S. H. (2004, November). *Reported psychodynamic treatment of trauma: Comparisons among variations of psychodynamic theory and practice*. North American Society for Psychotherapy Research, Springdale, UT.
- Schottenbauer, M. A., Arnkoff, D. B., Glass, C. R., & Gray, S. H. (2005, January). *Approaches to psychotherapy of trauma: Differences among psychoanalysts, psychodynamic clinicians and cognitive therapists*. American Psychoanalytic Association, New York, NY.
- Sandham Swope, J., Glass, C. R., & Arnkoff, D. B. (2005, May). *Integrating psychotherapy and pharmacotherapy for depression and anxiety: A discussion group*. Society for the Exploration of Psychotherapy Integration, Toronto, Canada.
- Schottenbauer, M. A., Glass, C. R., & Arnkoff, D. B. (2005, May). *How insight is developed, consolidated, or destroyed between sessions*. Penn State Conference on the Process of Change, State College, PA.
- Schottenbauer, M., Arnkoff, D. B., Glass, C. R., Bassett, A., & Burns, N. (2005, June). *What happens when pure-form therapists hit roadblocks*. Society for Psychotherapy Research, Montreal, Canada.

- Schottenbauer, M., Tendick, V., Glass, C. R., & Arnkoff, D. B. (2005, June). *An empirical review of dropout and nonresponse rates in cognitive-behavioral and EMDR treatments for PTSD*. Society for Psychotherapy Research, Montreal, Canada.
- Gamse, S. S., Glass, C. R., & Arnkoff, D. B. (2005, August). *Independence-interdependence, social anxiety, and college adjustment: A longitudinal analysis*. American Psychological Association, Washington, DC.
- Iannone, V. N., & Glass, C. R. (2005, August). *Evaluation of a therapeutic riding program for emotionally disturbed adolescents*. American Psychological Association, Washington, DC.
- Kaufman, K.A., Glass, C. R., Arnkoff, D. B., & LaSalle-Ricci, V. H. (2005, August). *Demystifying the Bar: Psychological, educational, and demographic predictors of success*. American Psychological Association, Washington, DC.
- Kwako, L. E., Arnkoff, D. B., Glass, C. R., & DiGiorgio, K. E. (2005, August). *Factors predicting use and modification of dialectical behavior therapy*. American Psychological Association, Washington, DC.
- LaSalle, V. H., Arnkoff, D. B., Glass, C. R., Ronquillo, J. G., Tunison, S. A., & Murphy, D. L. (2005, August). *Hoarding and OCD: Psychological comorbidity & the five-factor personality model*. American Psychological Association, Washington, DC.
- DiGiorgio, K. E., Glass, C. R., & Arnkoff, D. B. (2005, November). *Use of DBT with various clinical populations: A survey study of clinical practice*. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Ronquillo, J. G., LaSalle-Ricci, V. H., Tunison, S. A., Arnkoff, D. B., Glass, C. R., & Murphy, D. L. (November, 2005). *Cluster analyzed symptom categories of the Yale-Brown Obsessive-Compulsive Scale Symptom Checklist*. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Schottenbauer, M. A., Glass, C. R., Arnkoff, D. B., Pahel, N., & Baranck, K. (2005, November). *Reported treatment of PTSD: Differences among cognitive-behavioral therapists in the community*. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Tunison, S. A., LaSalle-Ricci, V. H., Ronquillo, J. G., Glass, C. R., Arnkoff, D. B., & Murphy, D. L. (2005, November). *Obsessive-compulsive disorder and the presence of irritable bowel syndrome-like symptoms*. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Walter, R. W., Glass, C. R., Arnkoff, D. B., Safer, M., & Baillie, L. E. (2005, November). *Self-focus, perfectionism, and memory for emotion in social anxiety*. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Schottenbauer, M., Arnkoff, D. B., Glass, C. R., & Gray, S. H. (2006, January). *Psychotherapists in the community: Reported prototypical psychodynamic treatments of trauma*. American Psychoanalytic Association, New York, NY.
- DiGiorgio, K. E., Glass, C. R., & Arnkoff, D. B. (2006, May). *Integration in Dialectical Behavior Therapy: A survey study of clinical practice*. Society for the Exploration of Psychotherapy Integration, Los Angeles, CA.

- Arnkoff, D. B., & Glass, C. R. (2006, May). Issues in the assessment of theoretical orientation. In L. Castonguay (Chair), Society for the Exploration of Psychotherapy Integration, Los Angeles, CA.
- Schottenbauer, M. A., Glass, C. R., & Arnkoff, D. B. (2006, August). How insight is developed, consolidated, or destroyed in-between sessions. In L. G. Castonguay and C. E. Hill (chairs), *Insight in psychotherapy: Theoretical perspectives and clinical issues*. Symposium conducted at the American Psychological Association, New Orleans, LA.
- Schottenbauer, M. A., Glass, C. R., Arnkoff, D. B., & Gray, S. H. (2006, October). *Psychodynamic treatment of severe psychopathology: Convergence among clinicians' reports*. North American Society for Psychotherapy Research, Burr Oak Resort, OH.
- Franz, V. A., Schottenbauer, M. A., Arnkoff, D. B., Glass, C. R., & Gray, S. H. (2006, October). *Psychodynamic psychotherapists' qualitative descriptions of treatment for trauma*. North American Society for Psychotherapy Research, Burr Oak Resort, OH.
- Olatunji, B., Schottenbauer, M. A., Rodriguez, B. F., Glass, C. R. & Arnkoff, D.B. (2006, November). *The structure of worry: Differential relation to state-trait predispositions*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Schottenbauer, M. A., Olatunji, B., Arnkoff, D. B., Glass, C. R. & Gray, S. H. (2006, November). *Cognitive-behavioral therapists' qualitative descriptions of psychotherapy for PTSD*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Hernandez, E., Glass, C. R., Arnkoff, D. B., Kaplan, J., & Pine, D. S. (November, 2006). *Ethnic differences in the presentation of panic during a biological challenge*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Kaplan, J., Arnkoff, D. B., Glass, C. R., Hernandez, E., Tinsley, R., & Carlson, P. (2006, November). *Maladaptive coping in panic disorder: A yohimbine biological challenge study*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Schottenbauer, M. A., Franz, V. A., Arnkoff, D. B., Glass, C. R., & Gray, S. H. (2007, January). *Comparing prototypical psychotherapy processes of ego/drive-psychology, object relations, and self-psychology*. American Psychoanalytic Association, New York, NY.
- Schottenbauer, M. A., Arnkoff, D. B., & Glass, C. R. (2007, August). Psychodynamic psychotherapy for PTSD related to military operations: Empirical evidence. In M. Schottenbauer (Chair). *Current perspectives on trauma related to military operations: Was Freud right?* Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.
- De Petrillo, L.A., Kaufman, K.A., Glass, C.R., & Arnkoff, D.B. (2007, November). *Mindfulness for long distance runners*. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Swope, J. S., Glass, C. R., Arnkoff, D. B., Fallot, R. D., & McHugo, G. J. (2007, November). *An examination of predictors of engagement and outcome in a trauma-specific intervention for women with co-occurring mental disorders*. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- Swope, J. S., Arnkoff, D. B., Glass, C. R., Fallot, R. D., & McHugo, G. J. (2007, November). *The relationship of trauma exposure to outcome in an integrative trauma-focused intervention*. International Society for Traumatic Stress Studies, Baltimore, MD.
- Glass, C. R., & Arnkoff, D. B. (2008, May). *Integrating mindfulness into different approaches to psychotherapy: A discussion group*. Society for the Exploration of Psychotherapy Integration, Boston, MA.
- Swope, J. S., Glass, C. R., Arnkoff, D. B., Fallot, R. D., & McHugo, G. J. (2008, May). *Perceptions of integration in a trauma-focused treatment for co-occurring disorders*. Society for the Exploration of Psychotherapy Integration, Boston, MA.
- De Petrillo, L. A., Thompson, R. W., Hindman, R. K., Bohn, E. G., Arnkoff, D. B., Glass, C. R., & Kaufman, K. A. (2008, August). *Mindfulness for long-distance runners: The role of athlete attributes*. American Psychological Association, Boston, MA.
- Kaufman, K. A., Glass, C. R., Arnkoff, D. B., & Hatfield, B. D. (2008, November). *Evaluating a mindfulness intervention for athletes: Effects on anxiety, flow, intrusive thoughts, and confidence*. Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Thompson, R. W., Kaufman, K. A., De Petrillo, L. A., Arnkoff, D. B., Glass, C. R., Bohn, E. G., & Hindman, R. K. (2008, November). *One year follow-up of Mindful Sport Performance Enhancement*. Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Glass, C. R. (2009, May). *SEPI's contributions & challenges*. Opening plenary panel with B. Wolfe, F. Caspar, M. Goldfried, and A. Pos, Society for the Exploration of Psychotherapy Integration, Seattle, WA.
- Hickman, E. E., Arnkoff, D. B., Glass, C. R., & Schottenbauer, M. A. (2009, May). *Psychotherapy integration as practiced by experts*. Society for the Exploration of Psychotherapy Integration, Seattle, WA.
- Alexander, C. L., Glass, C. R., Arnkoff, D. B., & Buchanan, P. P. (2009, August). *Mental health resources in central Kenya: A primary care study*. American Psychological Association, Toronto, Canada.
- Crowley, K. J., Hindman, R. K., Arnkoff, D. B., Glass, C. R., Brown, C. E., & Bohn, E. G. (2009, November). *Relationships between individual facets of mindfulness and social anxiety*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Hindman, R. K., Crowley, K. J., Glass, C. R., Arnkoff, D. B., Bohn, E. G., & Brown, C. E. (2009, November). *The relationship between mindfulness and cognitive aspects of social anxiety*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Kaplan, J. S., Geraci, M., Arnkoff, D. B., Glass, C. R., Carlson, P. J., & Pine, D. S. (2010, March). *Lower-order factors on the anxiety sensitivity index-revised and the development of panic symptomatology during a caffeine biological challenge*. Anxiety Disorders Association of America, Baltimore, MD.

- Glass, C. R. (2010, May). Discussant for G. Lampropoulos (Chair), *The use of homework among various theoretical orientations and integrative implications*. Symposium conducted at the Society for the Exploration of Psychotherapy Integration, Florence, Italy.
- Glass, C. R. (Chair) (2010, May). P. Wachtel and L. Greenberg, *Psychodynamic and Experiential Perspective: Convergences and Divergences in the Reading of a Videotape* (Parts 1 and 2). Society for the Exploration of Psychotherapy Integration, Florence, Italy.
- Glass, C. R., Constantino, M. J., Arnkoff, D. B., & Ametrano, R. M. (2010, May). *A meta-analysis of the relationship between clients' psychotherapy outcome expectations and post-treatment outcomes: Implications for psychotherapy integration*. Society for the Exploration of Psychotherapy Integration, Florence, Italy.
- Constantino, M. J., Arnkoff, D. B., Glass, C. R., & Ametrano, R. M. (2010, June). *The association between patients' psychotherapy outcome expectations and posttreatment outcomes: A meta-analysis*. Society for Psychotherapy Research, Alisomar, CA.
- Crowley, K. J., Hindman, R. K., Woodruff, S. C., Glass, C. R., & Arnkoff, D. B. (2010, November). *The application of mindfulness and analytical attention skills to anticipatory speech anxiety*. Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- DePetrillo, L. A., Arnkoff, D. B., Glass, C. R., Fallot, R. D., & McHugo, G. J. (2010, November). *Childhood Sexual Abuse and Comorbid PTSD and Depression in Impoverished Women*. Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Kaplan, J. S., Glass, C. R., Arnkoff, D. B., Gerici, M., Pine, D. S., Drevets, W. C., & Carlson, P. (2010, November). *Prediction of panicogenic effects of caffeine and yohimbine in patients with panic disorder and healthy controls*. Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Thompson, R. W., Glass, C. R., Arnkoff, D. B., Amdur, R. L., Green, B. L., Van Meter, J. W., & Dutton, M. A. (2010, November). *Mindfulness, acceptance, distress tolerance, and psychological response to trauma memory activation*. Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Woodruff, S. C., Crowley, K. J., Hindman, R. K., Arnkoff, D. B., & Glass, C. R. (2010, November). *Speech anxiety following a mindfulness-based intervention for public speaking*. Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Glass, C. R. (Chair) (2011, May). P. Wachtel, L. Greenberg, & G. Tran. *Three approaches: What can be integrated in an integrated approach* (Part 1). Society for the Exploration of Psychotherapy Integration, Washington, DC.
- Glass, C. R. (Chair) (2011, May). P. Wachtel, L. Greenberg, & G. Tran. *Three approaches: What can be integrated in an integrated approach* (Part 2). Society for the Exploration of Psychotherapy Integration, Washington, DC.

- Krueger, S. J., & Glass, C. R. (2011, May). Integrative psychotherapy approaches for children: A practice oriented literature review and overview of Trauma-Focused Integrative Play Therapy. In C. R. Glass (Chair), *Advances in integrative psychotherapy approaches for children and adolescents*. Symposium conducted at the Society for the Exploration of Psychotherapy Integration, Washington, DC.
- Safer, M. A., Glass, C. R., Arnkoff, D. B., & Walter, R. C. (2011, May). Individual differences in memory for social anxiety. In L. J. Levine (Chair), *Mispredicting and misremembering emotion: Recalculating why our mental GPS goes awry*. Symposium conducted at the Association for Psychological Science, Washington, DC.
- Alexander, C. L., Arnkoff, D. B., Glass, C. R., & Kaburu, A. W. (2011, August). *Detecting depression in primary care clinics in central Kenya: The impact of a brief training intervention*. American Psychological Association, Washington, DC.
- Pineau, T. R., Glass, C. R., Kaufman, K. A., & Bernal, D. R. (2011, August). *Sport anxiety, cognitive interference, and perfectionism in athletes: Differential relations with the dimensions of mindfulness*. American Psychological Association, Washington, DC.
- Pineau, T. R., Glass, C. R., Kaufman, K. A., Tenuta, C. K., & Bernal, D. R. (2011, August). *Self- and team efficacy beliefs of rowers and their relation to mindfulness and flow*. American Psychological Association, Washington, DC.
- Krueger, S. J., Glass, C. R., & Achilles, G. (2011, November). *Emotion regulation, trauma-related beliefs, and symptom severity in children and adolescents with histories of sexual abuse*. International Society for Traumatic Stress Studies, Baltimore, MD.
- Crowley, K. J., Woodruff, S. C., Hindman, R. K., Hirschhorn, E. W., Arnkoff, D. B., Glass, C. R., & Smith, J. K. (2011, November). *Differential relationships between aspects of mindfulness, depressive symptomatology, and anxiety*. Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Hirschhorn, E., Hindman, R. K., Glass, C. R., Arnkoff, D. B., Crowley, K. J., Woodruff, S. C., Pineau, T. R., & Severino, R. (2011, November). *Mindfulness and cognitive change: Development and initial validation of the Mindful Thoughts Questionnaire (MTQ)*. Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Woodruff, S. C., Crowley, K. J., Hindman, R. K., Hirschhorn, E. W., Glass, C. R., Arnkoff, D. B., & Kulish, A. L. (2011, November). *Comparing self-compassion, mindfulness, and psychological inflexibility as predictors of psychological health*. Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Kaplan, J. S., Glass, C. R., Arnkoff, D.A., Geraci, M., Luckenbaugh, D., Tinsley, R., ... & Carlson, P. (2012, April). *Subtypes of panic elicited by caffeine and yohimbine: Biological challenges in patients with panic disorder*. Anxiety Disorders Association of America, Arlington, VA.

- Franz, V. A., Arnkoff, D. B., Glass, C. R., & Elkin, I. (2012, May). *The other side of purity: Integration in manualized treatment for depression*. Society for the Exploration of Psychotherapy Integration, Evanston, IL.
- Pineau, T. R., Glass, C. R., & Kaufman, K. A. (2012, July). *Sport anxiety and aspects of mindfulness in athletes: Implications for Mindful Sport Performance Enhancement (MSPE)*. Association for Contextual Behavioral Science, Washington, DC.
- Steven-Wheeler, M. S., Glass, C. R., Crowley, K. J., Hindman, R. K., Maron, D. D., Hirschhorn, E. W., Woodruff, S. C., & Arnkoff, D. B. (2012, July). *Psychological inflexibility, personality, and treatment outcome following a mindfulness-based intervention for stress*. Association for Contextual Behavioral Science, Washington, DC.
- Ford, J., Pineau, T. R., Kaufman, K. A., Glass, C. R., Tenuta, C., & Suermann, A. (2012, October). *The loss of self-consciousness dimension of flow: Its relation to mindfulness and body image*. Association for Applied Sport Psychology, Atlanta, GA.
- Pineau, T. R., Glass, C. R., Kaufman, K. A., Ford, J., Tenuta, C., & Suermann, A. (2012, October). *Running performance and disordered eating: Implications for mindfulness interventions with athletes*. Association for Applied Sport Psychology, Atlanta, GA.
- Tenuta, C., Pineau, T. R., Glass, C. R., Kaufman, K. A., Ford, J., & Suermann, A. (2012, October). *What do mindful athletes do? Mindfulness, practice, and performance in Div. I cross-country runners*. Association for Applied Sport Psychology, Atlanta, GA.
- Hindman, R. K., Hirschhorn, E. W., Maron, D. D., Crowley, K. J., Steven-Wheeler, M. S., Woodruff, S. C., Boyd, D., Arnkoff, D. B., & Glass, C. R. (2012, November). *Construct validity of the Mindful Thoughts Questionnaire: Comparing experienced meditators vs. non-meditators*. Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Hirschhorn, E. W., Maron, D. D., Woodruff, S. C., Steven-Wheeler, M. S., Hindman, R. K., Crowley, K. J., Kulish, A. J., Glass, C. R., & Arnkoff, D. B. (2012, November). *Comparing experienced meditators and non-meditators: Facets of mindfulness and self-compassion*. Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Steven-Wheeler, M. S., Crowley, K. J., Hindman, R. K., Maron, D. D., Hirschhorn, E. W., Woodruff, S. C., Smith, J. K., Glass, C. R., & Arnkoff, D. B. (2012, November). *Personality as a predictor of treatment expectation and outcome for a mindfulness-based stress intervention*. Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Woodruff, S. C., Crowley, K. J., Steven-Wheeler, M. S., Hindman, R. K., Hirschhorn, E. W., Severino, R. C., Arnkoff, D. B., & Glass, C. R. (2012, November). *Affectivity and psychological inflexibility as mediators of mindfulness: Analyzing two transdiagnostic models of psychopathology*. Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Crowley, K. J., Glass, C. R., Arnkoff, D. B., & Jobes, D. A. (2013, June). *Relationships between theoretical orientation and applied interventions with suicidal clients*. Society for the Exploration of Psychotherapy Integration, Barcelona, Spain.



- Ford, J., Pineau, T. R., Glass, C. R., Kaufman, K. A., Tenuta, C., & Suermann, A. (2013, October). *Gender as a moderator of flow and mindfulness*. Association for Applied Sport Psychology, New Orleans, LA.
- Alexander, C. L., Glass, C. R., & Arnkoff, D. B. (2013, November). *The need to leverage technology to improve access to CBT in low-resource settings*. Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Hindman, R. K., Glass, C. R., Arnkoff, D. B., Maron, D. D., & McDaniel, P. A. (2013, November). *Is formal mindfulness meditation necessary? A comparison of mindfulness-based programs for stress in university students*. Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Hirschhorn, E. W., Hindman, R. K., Glass, C. R., Arnkoff, D. B., Maron, D. D., Crowley, K. J., & Woodruff, S. C. (2013, November). *Assessment of mindfulness-related cognitions: Factor structure of the Mindful Thoughts Questionnaire (MTQ)*. Association for Behavioral and Cognitive Therapies, Nashville, TN.
- McMorran, K. E., Hindman, R. K., Woodruff, S. C., Arnkoff, D. B., Glass, C. R., Maron, D. D., & Webb, M. (2013, November). *Self-compassion, worry and non-reactivity to inner experience mediate reductions in stress in a mindfulness-based intervention*. Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Monahan, M. F., Crowley, K. J., Glass, C. R., Arnkoff, D. B., & Jobes, D. A. (2013, November). *Therapist theoretical orientation and treatment planning for suicidal patients*. Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Steven-Wheeler, M. S., Hindman, R. K., Arnkoff, D. B., Glass, C. R., Maron, D. D., & Woodruff, S. C. (2013, November). *Pretreatment neuroticism and psychological inflexibility as predictors of outcome following a mindfulness intervention for stress*. Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Crowley, K. J., Glass, C. R., Arnkoff, D. B., & Jobes, D. A. (2014, April). *The Suicide Status Form and general risk assessment in clinical practice: What are practitioners reporting?* American Association of Suicidology, Los Angeles, CA.
- Crowley, K. J., Arnkoff, D. B., Glass, C. R., & Jobes, D. A. (2014, April). Collaborative assessment and management of suicidality (CAMS): Adherence to a flexible clinical framework. In C. Corona (Chair), *The collaborative assessment and management of suicidality: Perspectives from the Catholic University suicide prevention lab*. Symposium conducted at the American Association of Suicidology, Los Angeles, CA.
- Glass, C. R. (2014, April). Comments on SEPI's past, present, and future. In L. Castonguay & S. McMain (Chairs), *The SEPI pioneers: Recalling the past and reflecting on the future of psychotherapy integration*. Plenary panel, Society for the Exploration of Psychotherapy Integration, Montreal, Canada.
- Monahan, M. F., Crowley, K. J., Arnkoff, D. B., Glass, C. R., & Jobes, D. A. (2014, April). *Therapist collaboration with suicidal patients*. American Association of Suicidology, Los Angeles, CA.

- Crowley, K. J., Arnkoff, D. B., Glass, C. R., & Jobes, D. A. (2014, November). No-suicide contracts and safety planning/crisis response planning in clinical practice: What are practitioners reporting? In K. J. Crowley (Chair), *Safety planning for suicidal patients: Empirical support and future directions*. Symposium conducted at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Hindman, R. K., Arnkoff, D. B., & Glass, C. R. (2014, November). *Mindfulness-based programs for stress reduction with and without formal meditation: Do outcomes differ on facets of mindfulness and subscales of self-compassion?* Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- McMorran, K. E., Glass, C. R., Arnkoff, D. B., Hindman, R. K., Maron, D. D., & McDaniel, P. A. (2014, November). *One-year follow-up of a comparison of mindfulness-based programs for stress in university students*. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Woodruff, S. C., Glass, C. R., Arnkoff, D. B., Webb, M. E., & Noble, K. K. (2014, November). *The effects of mindfulness and acceptance-based interventions and cognitive-behavioral interventions on positive and negative affect: A meta-analysis*. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Interrante, M. K., Glass, C. R., Spears, C. A., & Perskudas, R. (2015, March). *Motives for drinking and psychological distress in collegiate athletes*. Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Rizkalla, M., Aguado, C., Waldron, J., Spears, C. A., Glass, C. R., Interrante, M. K., & Perskudas, R. (2015, March). *Flow and sport anxiety among co-active and interactive collegiate athletes*. Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Glass, C. R., & Arnkoff, D. B. (Chairs) (2015, June). *Integrating mindfulness into different approaches to psychotherapy*. Symposium presented at the Society for the Exploration of Psychotherapy Integration, Baltimore, MD.
- Carney, C. A., Arnkoff, D. B., Glass, C. R., McMorran, K. E., Hindman, R. K., & Interrante, M. (2015, November). *One-year follow-up of mindfulness-based programs for stress: Changes in facets of mindfulness and self-compassion*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Hirschhorn, E. W., Noble, K. K., Arnkoff, D. B., & Glass, C. R. (2015, November). *Associations among meditation practice, mindfulness, and rumination in experienced meditators*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Maron, D. D., Glass, C. R., Arnkoff, D. B., Belsher, B. E., & Amdur, R. L. (2015, November). *Predictors and moderators of outcomes in an internet intervention for Veterans with post-traumatic stress*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Perskudas, R., Glass, C. R., Spears, C. A., Kaufman, K. A., Waldron, J., Rizkalla, M., & Aguado, C. (2015, November). *Psychological health and facets of mindfulness in athletes: Implications for mindfulness interventions*. Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Raymond, R., Anderson, N. K., Hirschhorn, E. W., Spears, C. A., Glass, C. R., & Arnkoff, D. B. (2015, November). *Correlates of self-compassion in a sample of meditation practitioners*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Spears, C. A., Glass, C. R., Perskaudas, R., Kaufman, K. A., Messersmith, P., Kelly, M. C., & Interrante, M. (2015, November). *Evaluation of Mindful Sport Performance Enhancement for improving psychological functioning in collegiate athletes*. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Interrante, M., Spears, C. A., Glass, C. R., Perskaudas, R., & Kaufman, K. A. (2016, March). *Mindfulness as a moderator of the association between stress and alcohol use in collegiate athletes*. Society for Behavioral Medicine, Washington, DC.
- Hoyer, D., Glass, C. R., Spears, C. A., & Kaufman, K. A. (2016, April). *Mindful Sport Performance Enhancement for Division III Collegiate Coaches: A pilot study*. Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Mistretta, E. G., Kaufman, K. A., Glass, C. R., & Spears, C. A. (2016, April). *Mindful Sport Performance Enhancement for high school athletes*. Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Kaufman, K. A., Pineau, T., & Glass, C. R. (2016, August). *An experiential introduction to mindful sport performance enhancement (MSPE)*. Workshop presented at the American Psychological Association, Denver, CO.
- Anderson, N. K., Raymond, R., Heryak, R., Glass, C. R., & Spears, C. A. (2016, October). *A randomized controlled trial of a brief self-compassion intervention for college students*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Hirschhorn, E., Glass, C. R., Arnkoff, D. B. (2016, October). *Integrating technology into suicide risk assessment: Statistical and experiential equivalence of paper and electronic versions of the Suicide Status Form*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Interrante, M., Houchins, S., Glass, C. R., & Spears, C. A. (2016, October). *Effects of brief meditative interventions on state self-esteem*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Mistretta, E. G., Hoyer, D., Glass, C. R., & Spears, C. A., Perskaudas, R., Interrante, M. K., & Kaufman, K. A. (2016, October). *Expectations, outcomes, and helpfulness of mindful sport performance enhancement for collegiate athletes*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Wheeler, M. S., Glass, C. R., Arnkoff, D. B., Sullivan, P. M., & Hull, A. E. (2016, October). *The effect of mindfulness and acupuncture on psychological health in Veterans*. Association for Behavioral and Cognitive Therapies, New York, NY.
- Kaufman, K. A., Glass, C. R., & Pineau, T. R. (2017, August). *Mindful sport performance enhancement*. In C. R. Glass (Chair), *Mindfulness-based interventions in sport: Empirical support and effective implementation*. Symposium presented at the American Psychological Association, Washington, DC.

- Raymond, R., Anderson, N. K., Heryak, R., Glass, C. R., & Spears, C. A. (2017, August). *Effects of a brief self-compassion intervention on daily mood: An experience sampling study*. American Psychological Association, Washington, DC.
- Glass, C. R., Spears, C. A., Perskaudas, R., & Kaufman, K. A. (2017, October). *Mindful sport performance enhancement: A randomized controlled trial with collegiate athletes*. Lecture presented at the Association for Applied Sport Psychology, Orlando, FL.
- Kaufman, K. A., Glass, C. R., & Pineau, T. R. (2017, October). *The science and implementation of mindful sport performance enhancement*. Workshop presented at the Association for Applied Sport Psychology, Orlando, FL.
- Perskaudas, R., Glass, C. R., Spears, C. A., & Kaufman, K. A. (2017, November). *Effects of adherence to mindful sport performance enhancement on psychological and sport outcomes in collegiate athletes*. Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Minkler, T. O., & Glass, C. R. (2018, March). *Becoming mindful: A case study on establishing mindfulness for sport*. Talk presented at the Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Minkler, T. O., Pineau, T. R., Glass, C. R., Wallace, E. M., & Flynn, J. T. (2018, March). *Mindful sport performance enhancement for college coaches*. Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Flynn, J. T., Wallace, E. M., Glass, C. R., & Minkler, T. O. (2018, October). *Put me in, coach! Differences between coach and athlete perceptions of sport performance*. Poster presented at the Association for Applied Sport Psychology, Toronto, Canada.
- Glass, C. R., Pineau, T. R., Kaufman, K. A., & Minkler, T. O. (2018, October). *Conducting research on mindfulness and sport in a university setting: Lessons learned*. Lecture presented at the Association for Applied Sport Psychology, Toronto, Canada.
- Minkler, T. O., Glass, C. R., Wallace, E. M., & Flynn, J. R. (2018, October). *Pathways from mindfulness to flow and peak sport performance*. Poster presented at the Association for Applied Sport Psychology, Toronto, Canada.
- Pineau, T. R., Glass, C. R., & Kaufman, K. A. (2018, October). *Mindful sport performance enhancement (MSPE) with collegiate sports teams: Assessing the FAME profile*. Lecture presented at the Association for Applied Sport Psychology, Toronto, Canada.
- Hut, M., Minkler, T. O., & Glass, C. R. (2019, March). *Associations between engagement and outcomes in mindfulness-based interventions for athletes*. Poster presented at the Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Hut, M., Minkler, T. O., & Glass, C. R. (2019, March). *The impact of mindfulness training on stress, performance, and team culture in college athletes*. Talk presented at the Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.
- Wallace, E. M., Minkler, T. O., Hut, M., & Glass, C. R. (2019, March). *Mindfulness, flow, sport anxiety, and season outcomes for two collegiate teams*. Poster presented at the Northeast Atlantic Sport Psychology Conference, Philadelphia, PA.

- Hut, M., Minkler, T. O., & Glass, C. R. (2019, July). *Mindfulness training for college athletes: Associations between mindfulness practice and sport performance*. Poster presentation at the European Congress of Sport & Exercise Psychology, Münster, Germany.
- Hut, M., Minkler, T. O., & Glass, C. R. (2019, July). *Mindful sport performance enhancement for a college team: Including a coach's perspective*. Oral presentation at the European Congress of Sport & Exercise Psychology, Münster, Germany.
- Hut, M., Minkler, T. O., & Glass, C. R. (2019, October). *Associations between engagement and outcomes in mindfulness-based interventions for athletes*. Poster presented at the Association for Applied Sport Psychology, Portland, OR.
- Kaufman, K. A., Spencer, A. L., Glass, C. R., & Pineau, T. R. (2019, October). *Integrating a mindfulness-based intervention (MSPE) into a Premier League academy*. Lecture presented at the Association for Applied Sport Psychology, Portland, OR.
- Minkler, T. O., & Glass, C. R. (2019, October). *Mindfulness training for athletes: Feasibility, acceptability, and effectiveness from within an athletic department*. Poster presented at the Association for Applied Sport Psychology, Portland, OR.
- Minkler, T. O., Hut, M., Glass, C. R., & Wallace, E. M. (2019, October). *A qualitative study of mindfulness-based training for collegiate lacrosse players*. Poster presented at the Association for Applied Sport Psychology, Portland, OR.

### **Editorial and Reviewing Activities**

- Editorial board, *Journal of Psychotherapy Integration*, 1990-2017
- Editorial board, *Cognitive Therapy and Research*, 1981-2005
- Editorial board, *In Session: Psychotherapy in Practice*, 1997-2001
- Editorial board, *Journal of Cognitive Psychotherapy: An International Quarterly*, 1985-1995
- Editorial board, *Behavioral Counseling Quarterly*, 1980-1983
- Guest reviewer: *Behavioral Assessment, Behavior Therapy, British Journal of Clinical Psychology, Cognitive Behaviour Therapy, Cognitive Therapy and Research, Current Psychological Research & Reviews, Journal of Abnormal Psychology, Journal of Anxiety Disorders, Journal of Applied Behavior Analysis, Journal of Consulting and Clinical Psychology, Journal of Counseling Psychology, Journal of Integrative and Eclectic Psychotherapy, Journal of Personality and Social Psychology, Journal of Positive Psychology, Journal of Research in Personality, Mindfulness, Personality and Individual Differences, Psychological Review, Psychotherapy Research, Women & Therapy*

### **Academic and Professional Honors**

- Award given by the Society for the Exploration of Psychotherapy Integration permanently named after me and Diane Arnkoff in recognition of our service to the organization, 2016: Arnkoff & Glass Award for Regional Network of the Year

Cardinal O'Boyle Award for Exceptional Service to the Department of Psychology at The Catholic University of America, May 2016

James Dornan Memorial Undergraduate Educator of the Year Award, The Catholic University of America, 2010

Named a Founding Fellow, Academy of Cognitive Therapy, 1999

Elected a Fellow of Division 12 (Society of Clinical Psychology), American Psychological Association, 1996

Public Health Service traineeship, Indiana University, 1972-1976

Elected to Phi Beta Kappa, DePauw University, 1972

### **Professional Activities**

American Psychological Association

Convention submission reviewer, 1986, 1987, 1988

Fellowship Committee, Division 12 (Society of Clinical Psychology), 2012-2015

APA Federal Education Advocacy Campus and Training Site Representative, 2007-2018

Association for Advancement of Behavior Therapy/Association for Behavioral and Cognitive Therapies

ABCT Ambassador, 2016-2018

Program Committee, 1982, 1989, 1990, 1999

Local Arrangements Committee, 1983 (co-chair), 1989

Society for the Exploration of Psychotherapy Integration

Co-Chair of Regional Networks Committee, 2015-2016

Advisory Board, 2014 - present

Steering Committee, 1987-2014

Co-Chair of Conference/Program Committee, 1985-1986

Member of Conference/Program Committee, 1984-1985

Co-coordinator for SEPI regional networks, 1987-1997

Liaison to the Research Committee, 1998-2010

Chair of Local Arrangements Committee, 2010-2011

Licensed psychologist, District of Columbia, 1981-present

Licensed psychologist, State of Maryland, 1993-present

Workshop leader, "Training in Social Competence with Respect to Specific Anxieties."

Conference on the Identification and Enhancement of Social Competence, Toronto, August 1978

Training faculty in workshop on Cognitive Therapy of Depression with Aaron T. Beck, Washington, D.C., December 5, 1981

Training faculty in graduate-level continuing education course, Introduction to Cognitive Therapy, George Washington University, 1982

Workshop leader, "Cognitive Therapy for Social Anxiety and Shyness." Cognitive Behavior Therapy Workshops, St. Petersburg Beach, Florida, February 17-20, 1983

Participated in National Institute of Mental Health workshop on Research in Psychotherapy Integration, March 1986

Staff Development Seminar, "Cognitive therapy for shyness and social anxiety." New Phase Career Center, Rockville MD, April 1986.

Staff Development Seminar, "Cognitive behavior therapy for social phobia." The Catholic University of America Counseling Center, July 2006.

Staff Development Seminar, "Mindfulness and acceptance-based interventions." The Catholic University of America Counseling Center, 2010, 2011

### **Membership in Professional Organizations**

Academy of Cognitive Therapy (Founding Fellow)

American Psychological Association (Fellow, Division 12--Society of Clinical Psychology;  
Member, Division 47—Society for Sport, Exercise & Performance Psychology)

Association for Applied Sport Psychology

Association for Behavioral and Cognitive Therapies

Association for Contextual Behavioral Science (also Mid-Atlantic Chapter member)

Society for the Exploration of Psychotherapy Integration (Fellow)

Society for Psychotherapy Research